



Modern Mayr Medicine – Basics Seminar I

- Date:** 18.3.2012 – 30.3.2012
- Place:** Maria Wörth, VIVA – The Centre for Modern Mayr Medicine
- Speaker:** Dr. Harald Stossier
- Organisation:** VIVA Akademy, Seepromenade 11, A-9082 Maria Wörth
- Intentions:** Aim of this syllabus is to train medical doctors in Modern Mayr Medicine theoretically and practically. In 3 following seminars diagnostic according to Dr. F.X.Mayr, additionally required complementary methods and Modern Mayr Therapy will be presented. The participants will be instructed in the different diagnostic skills and indication of Modern Mayr Medicine. Beyond that every participant will perform a very individual therapy on his own to experience the benefits and difficulties of the Modern Mayr Therapy on his own. This self experience is an absolutely necessity for the understanding of the therapeutic principles and will help to guide own patients through the therapy.
- Contents:**
- Historical overview of fasting therapies
 - Fundamentals of diagnostics according to Mayr
 - Additional diagnostic of Modern Mayr Medicine
 - Tonicity – difference of vitality and atrophy
 - Intestinal Autointoxification
 - Different Postures – case history and diagnostics
 - Additional diagnostics for identification of a dysfunctional metabolism such as allergies and intolerances
 - Modern Mayr Medicine – indications and contra indications
 - Resting – Cleansing – Training – Substitution
 - Biological and biochemical basics of detoxification and purification, detox reactions
 - Abdominal treatment training – how to use the abdominal treatment as a main instrument of therapy
- Personal procedure of the Modern Mayr Therapy
Dietetic fundamentals of Modern Mayr Therapy
Maintaining health at home – nutrition in common life



Personal consequences through the Modern Mayr Medicine

Information and strategy to achieve the diploma of the Austrian Medical Chamber for Modern Mayr Medicine

References: Stossier H., „Treating Allergies with the F.X.Mayr Cure“
Rauch E., „Health through inner body cleansing“

Costs: 1.320,00 Euro

Accommodation: Room prices according to the pricelist of the VIVA centre
Special rate for participants: 25 % off room price

Miscellaneous: 25 % off individual prescribed medical treatments

Supplements, lab tests, infusions, beauty treatments and products are not included in this special rate

Registration: akademie@viva-mayr.com